

Learning Grid - Pegasus and Leo Class

When you see 'Learning Grid' on your timetable, you can choose one of the activities below:

Spring 1

Think like a Historian

Choose lessons from Oak Academy about the Great Fire of London:

[Unit - Oak National Academy \(thenational.academy\)](https://www.thenational.academy/unit-oak-national-academy)



[History KS1: The Great Fire of London - BBC Teach](https://www.bbc.com/teach/history-ks1-the-great-fire-of-london)

[History KS1: 1. Why did The Great Fire of London happen? - BBC Teach](https://www.bbc.com/teach/history-ks1-1-why-did-the-great-fire-of-london-happen)

English

Find out about...

Go online and research our significant figure from the time of the Great Fire of London: **Sir Christopher Wren**

[Christopher Wren - Kids | Britannica Kids | Homework Help](https://www.britannica.com/kids/Christopher-Wren)

Who was he? Why is he significant? Can you write a letter to your classmates explaining who he was and key facts about him?



Let's Get Physical!

Can you compete with these football legends – how many can you do?

[Football Stars Juggling with Toilet Paper Skills & Fails - YouTube](https://www.youtube.com/watch?v=X655B4ISakg)



Be a yoga kid:

<https://www.youtube.com/watch?v=X655B4ISakg>

Silhouette Art

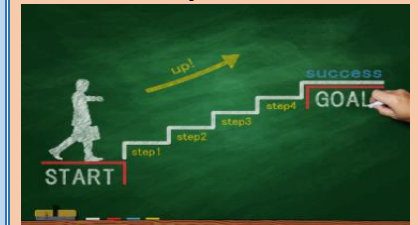
Silhouette art is simple to make but creates a very effective piece of work! Start by creating a bright or colourful background, then choose a silhouette to lay over it. Cut your silhouette out in black paper or card and lay it over your background to create a striking piece of art! Here is an example:



What are your aspirations?

Write a letter to your teacher explaining what your goals and dreams are for 2022.

Calm your mind



Mindfulness activities

Download the free smiling mind app here:

<https://www.smilingmind.com.au/>

Or try one of these guided meditations for kids:

<https://www.newhorizonholisticcentre.co.uk/kids-meditation.html#>

Spring 2

Think like a Geographer

Choose lessons from Oak Academy about London as part of the UK:

[Unit - Oak National Academy \(thenational.academy\)](https://www.thenational.academy/unit-oak-national-academy)



Keep a diary of your time in self-isolation. You can include:

- How you feel
 - What you've been doing
 - What you are looking forward to doing after self-isolation finishes
- Illustrate your diary with pictures, newspaper articles or interesting things you find

Gymnastics and Dance

Gymnastics with Max Whitlock:

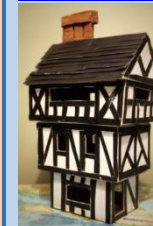
[DFS | British Heart Foundation | Max Whitlock 13 Minute Workout - YouTube](https://www.youtube.com/watch?v=X655B4ISakg)

Dance yourself happy:

[Just Dance 2015 - Happy Pharrell Williams Gameplay - 5 Stars Rating \[HD \] - YouTube](https://www.youtube.com/watch?v=X655B4ISakg)

Make a Tudor House

[Ideas | How to Make a Tudor House \(hobbycraft.co.uk\)](https://www.hobbycraft.co.uk/ideas/how-to-make-a-tudor-house)



[Build a model Tudor house |](https://www.english-heritage.org.uk/build-a-model-tudor-house/)

[English Heritage \(english-heritage.org.uk\)](https://www.english-heritage.org.uk/)

Staying Healthy

Healthy Food Choices:

<https://classroom.thenational.academy/lessons/health-hero-c8w6ac>

<https://www.foodafactoflife.org.uk/5-7-years/healthy-eating/interactive-resources/>

Try drawing and labelling your own healthy meal.